

FOLLOW ME

“Come, follow Me” (Mark 1:17)

GOD

Who is this God I follow? “If the Lord is God, follow him” 1 Kings 18:21

Powerful Creator

BIG IDEA: *God is the ultimate Creator and nothing can match His power in my life.*

Verse/Passage: Isaiah 40:10-11, 25-31, Psalm 139:14

Memory Verse: “The Lord is righteous in everything he does; he is filled with kindness. The Lord is close to all who call on him, yes, to all who call on him in truth.” Psalm 145:17-18

Materials:

Books	Bibles
Pens	Half-sheets of blank paper
Handout sheets	Markers or Colored Pencils

Read through the new Memory Verse together *(We’ll do activities with it over the next three groups)*

Small Group Questions:

Open Up: Give students pieces of blank paper and markers/colored pencils. Have them (quickly) design an invention of their choice. It could be food, clothing, technology, gadget, building, nature, etc...

When they are done, say: “Now make it for me. (Like, right now!)”

When they say “We can’t!”, ask “Why not?! Why can’t you make it right now?”

Hopefully they’ll say something like “We don’t have the ingredients or materials or equipment we need.”

Take it as far as you want to, but in the end say something like *“Why can’t you create something out of nothing?”*

Break It Up:

Read Isaiah 40:25-26 and 28 (on handout) out loud together.

Circle the words that have to do with God being the Creator. *(see example on back)*

Mark a rectangle around the words that have to do with God being powerful.

What does it mean that God is the Creator of the “ends of the earth”? *(He created EVERYTHING and He created it all out of nothing)*

What kind of Creator is God if He created the stars and knows them by name? *(He is a careful and purposeful Creator)*

Read Psalm 139:14

What does it say about God that you are “fearfully and wonderfully made”? *(He could have made us all exactly the same like mass-produced robots, but instead He’s made billions and billions and billions of unique people! He uses huge amounts of creative power in making every single one of us!)*

Read Isaiah 40:10-11

What does verse 11 say about how God chooses to use His mighty power? Who is His “flock”?

Read Isaiah 40:27

Why would a person feel that way (that they are “hidden from” or “disregarded by” God)? *(When things aren’t going our way, we sometimes feel like God might have power, but He’s not using it to care for us)*

Read verses 28-31

What does Isaiah say God is doing with His strength?

BIG IDEA: "God is the ultimate Creator and nothing can match His power in my life."

Bring It In:

We can't create something out of nothing, but God can and did when He created the earth and when He created us! That's A LOT of power – and He wants to use that power in our lives as we follow Him. We can trust that He is using His creative power to care for and strengthen us!

So What?:

1. God can create something out of nothing, so I can trust that no situation is ever hopeless in my life.
2. God is more powerful than anything in the universe, so I can trust that I have nothing to fear.
3. God created me in a wonderful and marvelous way, even if I don't see that all the time.
4. Write your own

Isaiah 40:25-26, 28 (NIV)

25 "To whom will you compare me?

Or who is my equal?" says the Holy One.

26 Lift up your eyes and look to the heavens:

Who created all these?

He who brings out the starry host one by one

and calls forth each of them by name.

Because of his great power and mighty strength,

not one of them is missing.

28 Do you not know?

Have you not heard?

The Lord is the everlasting God,

the Creator of the ends of the earth.

He will not grow tired or weary,

and his understanding no one can fathom.